



Lunch/Dinner

189 H Street, Petaluma

☎707.778.6060

www.aquscafe.com



Homemade Soup

Cup of Soup	\$4.80	Cup of Turkey Chili	\$5.25
Bowl of Soup	\$6.25	Bowl of Turkey Chili	\$6.95
Bowl of Soup & House Salad	\$9.65	Bowl of Turkey Chili & House Salad	\$10.25

Appetizers

Mediterranean Plate: Falafel, Kalamata olives, hummus, baba ganoush with artisan flatbread	\$9.75
Brie Plate served with dried figs and cranberries	\$9.75
Scott's Quesadilla with chicken, roasted red bell peppers, pesto, Gruyere cheese	\$8.95
Chicken Avocado Quesadilla with Gruyere cheese	\$8.95
Eggplant Quesadilla with red roasted peppers, basil, Gruyere cheese	\$8.75
Artichoke Quesadilla with fresh basil, Gruyere cheese, red peppers	\$8.75
Hummus Plate served with artisan flatbread	\$8.50

Wraps on Tomato Tortilla

Thai Chicken - Brown Rice, ginger, coleslaw and Peanut Sauce	\$10.75	Caesar Chicken Wrap	\$10.75
Hummus - Lettuce, tomato, cucumber, Tahini, sprouts in a tomato tortilla	\$10.45	Falafel - Lettuce, tomato, cucumber, hummus, Tahini in a tomato tortilla	\$10.45
Garden Wrap - Brown Rice, Hummus, Tomato, Sprouts, Cucumbers, roasted Peppers and Asparagus	\$10.45		

Artisan Flatbread Pizza

add a side of organic greens for \$2.95 or Caesar salad for \$3.95

Aqus - smoked duck breast, fig relish, caramelized onion, brie cheese, gorgonzola crumbles	\$9.95	Thai Flatbread - Zoe's turkey breast, satay sauce, gruyere and crumbled blue cheese, red peppers, and onions	\$9.25
Farmer's - ham, bacon, BBQ bleu cheese sauce, blend of cheddar and jack cheeses, smoked red peppers, and caramelized onions	\$9.95	Veggie - Portobello, sundried tomato, homemade pesto sauce, caramelized onions, red peppers, Gruyere, goat cheese.	\$9.25
Spicy Chipotle Tri Tip - caramelized onions, tomatoes and aged Pacific Blue cheese	\$9.95	Classic - Zoe's pepperoni, tomato sauce, fresh mozzarella	\$9.25
Smoked Chicken - Smoked chicken, pesto, goat cheese	\$9.25	Mediterranean - Grilled chicken, yogurt mint sauce, blend of feta and goat cheeses, artichoke hearts, capers, sun dried tomato, Kalamata olives	\$9.25

Salads

Salmon Niçoise - Grilled salmon, boiled egg, green beans, potatoes, olives, capers and with our authentic French vinaigrette	\$13.25
Traditional Niçoise - Dolphin Safe, White Albacore Tuna, egg, green beans, potatoes, olives, capers with our authentic French vinaigrette	\$11.95
Classic Cobb - Romaine, topped with broiled chicken breast, crumbled bacon, blue cheese, avocado, tomato and hard boiled eggs	\$13.25
Michael's - Smoked chicken w/ organic mixed greens, spinach, dried cherries, pecans and Point Reyes blue cheese	\$11.75
Smoked Trout - Smoked trout, organic mixed greens, avocado, cranberries and balsamic vinaigrette	\$11.75
Classic Spinach - Bacon, egg and cherry tomatoes on a bed of spinach	\$11.75
Asian Chicken - Red Cabbage, lettuce, cucumber, almonds, soft angel-hair pasta with a ginger dressing	\$11.25
Spinach Bacon Gorgonzola - Spinach, bacon, Gorgonzola, tomato and pecans with balsamic vinaigrette	\$11.25

Vegetarian Salads

Veggie Lovers Salad - Roasted asparagus, roasted sweet peppers, eggplant, Portabella mushroom, goat cheese and sundried tomato on a bed of mixed greens	\$11.25
Spinach Cranberry Walnut - Spinach, cranberries, walnuts, Point Reyes blue cheese with a raspberry vinaigrette	\$11.25
Spinach Fig - Spinach, figs, goat cheese, tomato and pecans with a balsamic vinaigrette	\$11.25
Goat Cheese - Organic mixed greens, tomato, goat cheese, pecans, with a sweet mint dressing	\$11.25
Aqus.com - Organic greens, pears, pecans, Point Reyes blue cheese and tomatoes with a balsamic vinaigrette	\$11.25
Greek - Romaine, tomato, cucumber, red onions, Kalamata olives and Feta cheese, with a house-made Greek dressing	\$11.25
Caesar - Romaine, croutons, fresh parmesan cheese, authentic Caesar dressing - Add chicken \$ 2.50 or Salmon \$ 3.25	\$10.25
House salad - Organic greens, tomatoes, cucumbers, olives, artichoke hearts	\$6.75

Entrées (add a green salad for \$2.95, Caesar for \$3.95)

Chicken Teriyaki Bowl - Grilled chicken breast brown rice, asparagus, peppers, portabella mushroom with a Teriyaki glaze and topped with toasted sesame seeds	\$12.75
Salmon Teriyaki \$12.25 Tempeh Teriyaki \$10.45	
Eggplant Parmesan - With a classic Marinara sauce	\$12.75
Chicken Enchilada Casserole - With a classic cream sauce	\$12.75
Meat Lasagna - Made with Italian sausage	\$12.75
Vegetarian Lasagna - 4 cheese, spinach & tomato	\$11.95
Polenta Pie - With pesto, mushrooms and cheese	\$11.95

**All Sandwiches and Paninis served with organic mixed greens,
 Substitute a cup of soup for \$1.75 extra - Gluten free bread available 50¢**

Paninis

Sonoma Smoked Duck with Dijon mayonnaise, caramelized onions, organic mixed greens and Gruyere cheese	\$11.95
Spicy Chipotle Tri Tip with caramelized onions, tomatoes and aged Pacific Blue cheese	\$11.95
California Reuben - Corned beef, Sauerkraut, Swiss cheese and Thousand Island dressing	\$11.25
Ham, Turkey or Chicken with tomato, Gruyere cheese with lemon aioli or the Aqus fig relish	\$10.95
Ham with tomato, Brie cheese and our sun-dried tomato tapenade	\$10.95
Turkey with roasted red peppers, Swiss cheese and pesto	\$10.95
Chicken Pesto topped with roasted red peppers and Provolone cheese	\$10.95
Grilled Chicken Breast with sun-dried tomatoes, lemon aioli and Provolone or Brie cheese	\$10.95
BBQ Chicken Breast with onions, bell peppers, jalapenos, Gruyere cheese	\$11.25

Vegetarian/Vegan Paninis

VeggieFriday.org - Roasted asparagus, roasted sweet peppers, eggplant, Portabella mushroom, goat cheese and sundried tomato spread	\$10.75
Caprese - Mozzarella, tomato, pesto, fresh basil	\$10.75
Portobello Mushroom - Roasted red bell peppers, Provolone cheese and Pesto	\$10.75
Roasted Eggplant - Roasted red bell peppers, Provolone cheese and Pesto	\$10.75
Tempeh Reuben - Sauerkraut, Swiss cheese and Thousand Island dressing	\$10.75
Vegan Panini - Tempeh, roasted red bell peppers, tomato with Teriyaki sauce	\$10.75

Sandwiches

all sandwiches are served on Sourdough or Multi-Grain Panorama Bakery Bread

Cobb Salad Sandwich - all the fixings of a Cobb Salad on a sandwich	\$11.75
Salmon Club - Salmon, bacon, lettuce, tomato with lemon aioli	\$11.75
Chicken BLTA - Grilled chicken, bacon, lettuce, tomato and avocado	\$11.75
AqusClub.com - Turkey, bacon, lettuce, tomato	\$10.75
Grilled Honey Roasted Turkey Sandwich - Provolone cheese, tomato, jalapenos	\$10.45
Turkey Fig - Turkey, tomato, gruyere, fig relish, lemon aioli	\$10.45
Black Forest Ham - Ham, lettuce, tomato, with lemon aioli	\$10.25
BLT - Bacon, lettuce and tomato	\$10.25
Tuna Melt - Dolphin Safe, White Albacore Tuna with onions and tomatoes	\$10.25
Let it Brie - Ham, Brie, lettuce, tomato with lemon aioli	\$10.25
Cory's Ironic Burger - Garden Burger w/Lettuce, tomato and Zoe's Bacon & Cheddar cheese	\$10.25
Phoebe's Delight - Turkey, Goat cheese, Sun dried Tomatoes and Jalapeno peppers	\$10.25

Vegetarian/Vegan Sandwiches

Vegetarian Club - Lettuce, hummus, tomato, avocado, sprouts and cucumber	\$9.95
Garden Sandwich - Morning Star Garden Burger, hummus, lettuce, tomato, spouts, cucumber	\$9.95
Garden Burger served with tossed organic mixed greens and balsamic vinaigrette	\$9.95
Vegan Fig - Boca Burger with fig relish, served with tossed organic mixed greens and balsamic vinaigrette, on Italian country roll	\$9.95
Ciara's - Portobello Mushroom with Pesto, Blue Cheese and avocado	\$9.95
Grilled Cheese Sandwich	\$7.95